

Natures way

skincare | spa | aromatherapy



aromatherapy candle massage

Training Course for **Beauty Professionals**

Massage in its many forms has been practiced for thousands of years. One of the new ways of massaging is by using a specially blended aromatherapy massage candle.

Combining the warmth of the melted shea and cocoa butter with specially selected essential oils, the candles are a wonderful alternative to traditional massage. The Natures Way Candle Massage training demonstrates how to incorporate this into your massage routine.

The candle massage training will include:

- Full demonstration of how to perform the candle massage.
- Hands on practical. Delegates will practice on each other.



Delegates will learn:

- Massage Techniques.
- Contra-indications of the treatment.
- Benefits and effects of the treatment.
- Home care advice.

Who this course is for:

Delegates who are studying towards their Level 3 NVQ or equivalent qualification. All delegates should have a firm understanding of massage and anatomy and physiology.

Duration:

Full day 9.30am until 4.00pm approx.



How to Book:
If you would like to book training with us then please call the sales office on **+44 (0)1543 416611**

