

# **Strictly Professional Essential Users Guide**

## **Facial Therapy**

### **Cleansing**

**Normal/dry-** A unique formula blended to gently cleanse the skin, with anti oxidant properties. Apply to the face neck and décolleté using effleurage movements. Remove with damp cotton wool pads or sponges

**Oily/combination-** A unique light emulsion formulated to deep cleanse the skin without causing irritation. Apply to the face neck and décolleté using effleurage movements. Remove with damp cotton wool pads or sponges

**Collagen-** A unique rich cleansing lotion with the added benefit of collagen extracts to help nourish and hydrate the skin. Apply to the face neck and décolleté using effleurage movements. Remove with damp cotton wool pads or sponges

**Deep cleansing cream-** A rich cleansing cream suitable for all skin types. Excellent for the removal of theatre, photographic and stage make up. Apply to the skin using effleurage movements remove with either damp cotton wool pads or sponges.

### **Toning**

**Normal/dry-** A pH balancing toner with witch hazel extracts. Use on damp cotton wool pads to remove any residue of cleanser and for balancing the ph levels of the skin.

**Oily/combination-** A mildly astringent toner, to balance the ph levels leaving the skin feeling cool and fresh. Use on damp cotton wool pads to remove any residue of cleanser and for balancing the ph levels of the skin.

**Collagen-** A gently balanced toner designed to cool and refresh the skin. Use on damp cotton wool pads to remove any residue of cleanser and for balancing the ph levels of the skin.

### **Moisturising**

**Normal/dry-** A light, yet highly effective non greasy moisturising lotion, enriched with almond oil and cocoa butter, designed to help nourish and

protect the skin. Apply a small amount onto the face, neck and décolleté using upward and outward movements until fully absorbed.

**Oily/combination-** A specially formulated non oily lotion designed to protect the skin leaving a matt finish to the touch. Apply a small amount onto the face, neck and décolleté using upward and outward movements until fully absorbed.

**Collagen-** A rich moisturising lotion with extracts of collagen to help improve the appearance of the skin tone and texture. Along with the added benefit of protecting the skin from the harmful environment. Apply a small amount onto the face, neck and décolleté using upward and outward movements until fully absorbed.

**Moisturising cream-** An all purpose rich moisturising cream, suitable for a general use. Apply a small amount onto the face, neck and décolleté using upward and outward movements until fully absorbed.

**Vitamin E&A-** A light textured cream with extracts of vitamin E & A oil, added for their anti oxidant properties.

## Eye Treatment

**Eye make up Remover-** A mild and gentle eye make up remover, specially formulated to cleanse the delicate eye area. Suitable for removing heavy make up and stubborn mascaras. Apply on a damp cotton wool pad leave a few minutes to start dissolving the eye make up, and then gently wipe off. Repeat if necessary.

## Exfoliation

**Facial exfoliation cream-** A cream based emulsion with ground olive stones with added peach and apricot. A facial exfoliant designed to remove dead skin cells and impurities. Leaving the skin feeling silky and soft. Apply a small amount onto the face using circular movements gently work over the entire surface area. Remove either with damp mask sponges or a hot towel.

## Massage

**Facial massage cream-** A superior massage cream with extracts of essential oil of geranium designed to provide the perfect massage medium for the therapist. Apply to the face, neck and décolleté forming the desired massage routine.

General

**Petroleum jelly-** An all purpose lubricant. Used as a barrier when performing an eyelash/brow tint.

## Mask Therapy

**Normal/dry-** A hydrating mask with extracts of camphor oil, for improving skin circulation and re-hydrating properties. Leaving the skin feeling soft and having a healthy glow. Apply a thin layer of this ready mixed mask over the face and neck using a mask brush. Leave on for 10-15 minutes and remove either with a hot towel or mask sponges.

**Oily/combination-** A deep cleansing mask with kaolin extracts and witch hazel. This mask has excellent properties of gently removing impurities leaving the skin feeling thoroughly cleansed, refreshed and clean. Apply a thin layer of this ready mixed mask over the face and neck using a mask brush. Leave on for 10-15 minutes and remove either with a hot towel or mask sponges.

**Collagen-** A gel based mask with extracts of collagen and essential oil of lavender. Excellent in helping to promote cell renewal. Apply a thin layer of this ready mixed mask over the face and neck using a mask brush. Leave on for 10-15 minutes and remove either with a hot towel or mask sponges.

## Powder mask Ingredients

**Fullers Earth-**A deep cleansing and stimulating face mask ingredient. Has an excellent property in drawing out impurities. Ideal for an oily or congested skin.

**Magnesium Carbonate-** This is an ultra light powder with mild astringent properties when used as a face mask. Recommended for use on normal to dry skins.

**Kaolin Powder-** When using Kaolin in a face mask, it has excellent properties in improving lymphatic circulation and removing impurities on congested skins.

**Calamine Powder-** A soothing and calming ingredient helping in reducing redness. Ideal for use on sensitive or dry skin.

**Fine Oatmeal-** A natural calming ingredient with excellent absorption properties. Ideal for use on any skin that requires a gentle exfoliation.

## **Liquid active ingredients**

**Rose Water-** A suitable liquid ingredient for use on dry & sensitive skin

**Witch Hazel-** A multi purpose astringent lotion excellent when used on oily/combo skin

**Orange Flower water-** A suitable active ingredient used on normal and skin.

**Glycerine-** This natural moisturising agent softens and lubricates the skin. It is often used as an ingredient to make the face mask become a non setting mask. [Doesn't dry out]

## **Hand Treatments**

**Acetone-** A pure solvent excellent in removing/dissolving artificial nails.

**Nail polish remover-** A superior nail enamel remover with the added benefits of glycerine and camphor oil to reduce the drying effects to the nail.

**Non acetone polish remover-** A gentle yet effect nail enamel remover especially designed with artificial nails in mind.

**Cuticle massage cream-** A superior cream with added benefits of almond and camphor oil to soften cuticles and increase circulation to the nail bed. Apply a small amount onto the cuticle massage in and soak in warm water for approximately five minutes.

**Cuticle oil-** A selection of blended oils with vitamin E to nourish and soften the cuticle and surrounding skin helping to prevent dryness. And essential oil of Lemon for its excellent anti-septic properties. Apply to cuticle area, massage in and leave to soften.

**Creamy cuticle remover-** A superior cuticle remover designed to soften and remove excess cuticles. Used in conjunction with cuticle knife and nippers

**Nail Buffing Cream-** A slightly abrasive cream designed for use on natural nails to produce a brilliant shine. Use very sparingly as it will dry out the nail plate if to much is used. Used in conjunction with a leather nail buffer.

**Manicure Mask** - A luxury hand treatment mask with added benefits of camphor oil for its warming properties, helping increase the circulation and improve skin texture and softness.

Apply an even layer of mask over the entire hand, wrap either in a towel or place in heated mitt and leave for ten minutes. Massage in excess and blot with tissues.

**Hand Lotion-** A light yet superior hand lotion to protect and nourish the hands.

Apply a small amount and massage into the hands until fully absorbed.

**Hand Treatment Cream-** A rich moisture retaining cream excellent in treating very dry skin. Can be used a medium underneath a paraffin wax mask.

**Skin Barrier Cream-** A non greasy barrier cream formulated to resist moisture when applied to the hands as a proactive barrier.

## **Foot Treatment**

**Refreshing Pedicure Bath-** A luxurious foaming revitalising foot bath designed to soften the feet and leave feeling refreshed. With added benefit of essential oil of Lavender, Peppermint and Tea Tree.

Put a small amount into bowl of warm water and soak feet for the desired amount of time.

**Pedicure Exfoliant-** A refreshing and invigorating exfoliant to help remove the dead skin from the feet with Tea Tree for its anti fungal properties. Apply to the foot using massage movements paying particular attention to the build up of dead skin. Rinse off with warm water and pat dry.

**Pedicure Mask-** This rich skin softening pedicure mask is excellent when treating dry skin but also has a cooling and revitalising action to the feet. Apply an even layer of the entire foot area, wrap in a towel or place in a bootie and leave for ten minutes. Rinse of with warm water and pat dry.

**Pedicure Lotion-** This light revitalising lotion is excellent in leaving tired aching feet protected, cooled and refreshed. A good massage medium when performing a foot and leg massage. Apply to the foot and lower leg area and massage in until fully absorbed.

**Revitalising Pedicure Mist-** A delicate spray designed to invigorate tired and aching feet. A perfect end to complete any pedicure treatment.

## Body Therapy

**Almond oil- oil.** A superior natural massage oil, for use on the body or when blending aromatherapy as a carrier. Can also be used in a face mask to make the mask a non setting mask when treating dry skin.

**Grapeseed oil-** A good quality oil that comes from Muscat raisins seeds. Excellent as a massage medium that absorbs easily into the skin.

**Body Exfoliant-** A superior body exfoliant with corn cob granules to aid in the removal of the dead skin cells with added benefits of essential oil of Rosemary and lavender for anti oxidant and cell regeneration properties.

**Body Lotion-** A rich body lotion that's easily absorbed, with cocoa butter which has excellent moisturising and soothing properties. Apply liberally onto the body and massage until fully absorbed.

**Massage oil-** A balanced blend of Soya bean and wheat germ oil. Ideal as a body or face massage medium.

**Massage Cream-** A luxurious massage cream developed as an alternative to oil. Use with preferred massage routine.

**Eau De Cologne-** A delicate blend of natural flower water used to cool and refresh the body. Particularly good after a body massage to remove excess oil and refresh the skin.

**UVA Accelerator-** An excellent moisturising cream, with peach kernel oil and cocoa butter. Used to accelerate the tanning effects of the sun bed.

## **Waxing**

**Pre Wax Lotion-** A light anti septic preparation lotion with camphor oil, for cleansing the skin prior to waxing.

**After Wax Lotion with tea tree-** A calming and soothing lotion used at the end of a waxing treatment with essential oil of Tea Tree oil for its anti bacterial properties.

**After Wax Lotion with Lavender-** A calming and soothing lotion used at the end of a waxing treatment with essential oil of Lavender for its soothing properties.

**After wax oil-** A specially blended oil to cool the skin after waxing.

**Wax Equipment Cleaner-** A superb all purpose equipment cleaner, effective on all surfaces including plastic and natural fibres. Dissolves and removes wax.

## **Machine Support**

**For the galvanic treatment**

**Desincrustation Gel-**

**Iontophoresis gel 1 oily/problem-**

**Iontophoresis gel 2 Dry-**

**Iontophoresis gel 3 sensitive-**

**Iontophoresis gel 4 Collagen-**

**Anti Cellulite Gel-**

**For the Faradic treatment**

**Conductive gel-** a specially formulated conductive gel for use with faradic current to aid muscle contraction.

**For the Micro Current treatment**

**Non Surgical face lifting gel-** A specially developed gel with extracts of collagen for use within a facial treatment to aid lifting.

**For the High Frequency treatment**

**Oxygenating Cream-** This Light textured cream used when performing a direct high frequency treatment used to assist the current transmission during the treatment.